

The Manger & Stables Bístro



The Manger, Bradfield Combust, Bury St Edmunds, IP30 0LW
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STARTERS & SMALL PLATES

SOUP OF THE MOMENT

A home-made soup prepared freshly by the chef & served with warm crusty bread (Please ask about allergen concerns)

£4.95

PRAWN COCKTAIL

Plump juicy north Atlantic prawns sat on a bed of lettuce, topped with our own Marie rose sauce & buttered wholemeal bread

£6.15



GLUTEN



CRUSTACEANS



EGGS



SOYA



MILK



CELERY

FISH CAKES

Flakes of smoked haddock, mashed potato & spring onion, given a lightly seasoned flour dusting & fried. Served with a salad garnish & a dill & Pernod mayonnaise.

£6.35



GLUTEN



EGGS



FISH



MILK



MUSTARD

GARLIC MUSHROOMS

Button mushrooms coated in a crispy crumb then deep fried. Served with our own garlic dip.

£5.75



GLUTEN



EGGS

WHITEBAIT

Crispy fried whitebait. Served with buttered wholemeal bread & a wedge of lemon

£5.15



GLUTEN



FISH



SOYA

NACHOS

Tortilla chips smothered in a tangy salsa, jalapeno peppers & melted cheese. Topped with sour cream

£5.65



MILK

GARLIC BREAD

£2.25



GLUTEN



MILK

With cheese



GLUTEN



MILK

£3.25

Large plates

SOMERSET CHICKEN

A tender chicken breast topped with bacon & cheese in a creamy cider, rosemary & sage sauce. Garnished with mushrooms & apples. Served with chips, peas & a salad garnish

£11.95



GLUTEN



EGGS



MILK

CHICKEN KIEV

A plump breast of chicken filled with garlic butter, coated in breadcrumbs and deep fried till golden brown. Served with chips, peas & a salad garnish

£9.40



GLUTEN



MILK

LASAGNE

Layers of flat pasta, prime mince beef and béchamel sauce, topped with grated cheese. Served with chips & a salad garnish

£10.80



GLUTEN



EGGS



MILK



CELERY

LAMB ROGAN JOSH

Tender pieces of Lamb in a medium hot curry sauce with tomatoes, onion, coriander & spices. Served on a bed of white rice & a Chota Man

£11.50



GLUTEN



PEANUTS



MILK



TREE NUT



MUSTARD

REDCURRANT LAMB

Tender lamb slowly cooked on the bone in a jus of redcurrants, rosemary & garlic. Served with garlic mash & fresh vegetables

£16.75



GLUTEN



CELERY

LIVER & BACON CASSEROLE

Tender thin slices of lambs liver braised with onions & herbs & finished with a slice of back bacon. Served with mashed potatoes & fresh vegetables

£10.25



GLUTEN



CELERY



MILK

PORK MOUTARDE

Tender pork steaks, grilled & smothered in a creamy grain mustard sauce. Served with chips, peas & a salad garnish

£12.00



MILK



MUSTARD

Vegetarian

VEGETABLE LASAGNE

Layers of pasta with spinach, mushroom & tomatoes in a traditional Italian sauce, topped with cheese. Served with chips & a salad garnish

£9.40



GLUTEN



EGGS



MILK



CELERY

BRIE, POTATO, COURGETTE & ALMOND CRUMBLE

A thick creamed brie sauce with layers of potato & courgette topped with breadcrumbs, almonds, cheeses, sesame seeds & parsley crumble. Served with fresh vegetables

£10.75



GLUTEN



MILK



TREE NUT

CHICKPEA, SWEET POTATO & SPINACH CURRY

Chickpeas, sweet potato, onion & spinach in a coconut sauce with spices & garlic, finished with fenugreek & curry leaves. Served on a bed of white rice accompanied by a chota naan

£10.75



MUSTARD

From The Grill

80Z RUMP STEAK

£15.25

80Z SIRLOIN STEAK

£18.95

PORK LOIN STEAK Three grilled pork steaks

£12.25

GAMMON STEAK 80z gammon steak grilled & topped with egg or pineapple

£12.95



EGGS

THE MANGER GRILL Rump steak, lamb chop, pork steak, gammon, sausage all topped with a fried egg.

£17.50



EGGS

ALL ITEMS FROM THE GRILL ARE SERVED WITH CHIPS, GRILLED TOMATO, MUSHROOMS, ONION RINGS & PEAS.

PEPPERCORN SAUCE



GLUTEN



MILK



TREE NUT



CELERY

STILTON SAUCE



GLUTEN



MILK



TREE NUT

DIANE SAUCE



GLUTEN



MILK



CELERY



MUSTARD

£2.30 each

POTATO ALTERNATIVES

Don't fancy chips or the potato your chosen meal is usually served with, then change it for one of the following: Savoury diced potatoes, Jacket potato, mash potato, new potatoes or you can even have your meal with just a salad bowl

From The Sea

LUXURY CHUNKY FISH PIE

Chunky pieces of cod, smoked haddock & salmon combined in a cream, sauce with a hint of mustard & lemon zest. Topped with mashed potato & baked till golden.

£12.50



GLUTEN



FISH



MILK



MUSTARD

PLAICE BERNADOTTE

A plaice fillet topped with prawns & mature cheddar cheese then grilled till golden. Served with chips, peas & a salad garnish.

£15.25



FISH



MILK



CRUSTACEANS

BREADED PLAICE

A fillet of plaice coated in a crispy crumb & deep fried till golden. Served with chips, peas & a salad garnish.

£10.50



GLUTEN



FISH

WHOLE TAIL SCAMPI

Whole scampi coated in breadcrumbs and deep fried till golden brown served with chips, peas & a salad garnish.

£9.75



GLUTEN



CRUSTACEANS

COD IN BATTER

A cod fillet covered in our own IPA beer batter & deep fried. Served with chip, peas & a salad garnish.

£11.30



GLUTEN



FISH

HADDOCK & MASH

Two Haddock fillets with a lemon & pepper coating, served resting on a bed of cheesy mash & mushy peas

£12.50



GLUTEN



FISH



MILK

The above symbols are used to denote that a dish contains the allergen as an ingredient. Please inform your waiter before ordering of any specific dietary requirements that you may have. Unfortunately it is not possible to guarantee that our busy kitchens are completely free of allergens. Due to fryers being used for more than one product on the menu, there is a small risk of cross contamination of products that are deep fried. Allergen information will be kept up to date and should be checked each time you visit, as we may update recipes from time to time.

Other product allergens

Savoury diced potatoes:



GLUTEN

Roast potatoes:



GLUTEN



MILK

Mashed potatoes:



MILK

Onion rings:



GLUTEN