

# The Manger & Stables Bistrot



The Manger, Bradfield Combust, Bury St Edmunds, IP30 0LW  
Tel: 01284 386516. Fax: 01284 386950

## STARTERS & SMALL PLATES

### SOUP OF THE MOMENT

A home-made soup prepared freshly by the chef & served with warm crusty bread

£4.15

### PRAWN COCKTAIL

Plump juicy north Atlantic prawns sat on a bed of lettuce, topped with our own Marie rose sauce & buttered wholemeal bread

£5.65

### FISH CAKES

Flakes of smoked haddock, mashed potato & spring onion, given a lightly seasoned flour dusting & fried. Served with a salad garnish & a dill & pernod mayonnaise.

£5.50

### GARLIC MUSHROOMS

Button mushrooms coated in a crispy crumb then deep fried. Served with our own garlic dip.

£5.10

### WHITEBAIT

Crispy fried whitebait. Served with buttered wholemeal bread & a lemon wedge

£4.50

### NACHOS

Tortilla chips smothered in a tangy salsa, jalapeno peppers & melted cheese. Topped with sour cream

£5.50

### GARLIC BREAD

With cheese

£1.95

£2.95

## Large plates

### Pub classics

#### **SOMERSET CHICKEN**

A tender chicken breast topped with bacon & cheese in a creamy cider, rosemary & sage sauce. Garnished with mushrooms & apples. Served with chips, peas & a salad garnish

£11.00

#### **CHICKEN KIEV**

A plump breast of chicken filled with garlic butter, coated in breadcrumbs and deep fried till golden brown. Served with chips, peas & a salad garnish

£7.95

#### **LASAGNE**

Layers of flat pasta, prime mince beef and béchamel sauce, topped with grated cheese. Served with chips & a salad garnish

£8.95

#### **BEEF STROGANOFF**

Strips of lean beef gently cooked with cream, sliced onions, sweet paprika & wine, garnished with sliced mushrooms. Served on a bed of white rice

£9.95

#### **LAMB ROGAN JOSH**

Tender pieces of Lamb in a medium hot curry sauce with tomatoes, onion, coriander & spices. Served on a bed of white rice & a Chota Naan

£9.95

#### **REDCURRANT LAMB**

Tender lamb slowly cooked on the bone in a jus of redcurrants, rosemary & garlic. Served with garlic mash & fresh vegetables

£15.25

#### **LIVER & BACON CASSEROLE**

Tender thin slices of lambs liver braised with onions & herbs & finished with a slice of back bacon. Served with new potatoes & fresh vegetables

£9.10

#### **PORK MOUTARDE**

Tender pork steaks, grilled & smothered in a creamy grain mustard sauce. Served with chips, peas & a salad garnish

£10.45

#### **STEAK, MUSHROOM & IRISH STOUT PIE**

Prime beef, mushrooms & baby onions slowly cooked in Irish stout then packed into a delicate short crust pastry case & tin baked. Served with chips, fresh vegetables & gravy

£11.85

#### **POTATO ALTERNATIVES**

Don't fancy chips or the potato your chosen meal is usually served with, then change it for one of the following:

Savoury diced potatoes, Jacket potato, mash potato, new potatoes or you can even have your meal with just a salad bowl

## Vegetarian

### VEGETABLE LASAGNE

Layers of pasta with spinach, mushrooms & tomatoes in a traditional Italian sauce, topped with cheese

£7.65

### MUSHROOM & RED PEPPER STROGANOFF

Sliced mushrooms, red peppers & leeks cooked in a creamy paprika & brandy sauce. Served with white rice

£8.95

### VEGETABLE TIKKA MASALA

Potatoes, onions, red pepper, cauliflower & green beans in a mild Tikka Masala sauce. Served on a bed of basmati rice accompanied by a chota nan

£8.35

## From The Grill

### 80Z RUMP STEAK

£12.50

### 80Z SIRLOIN STEAK

£15.25

### PORK LOIN STEAK *Three grilled pork steaks*

£10.45

### GAMMON STEAK *80z gammon steak grilled & topped with egg or pineapple*

£11.50

### THE MANGER GRILL *Rump steak, 2 lamb chops, pork steak, gammon, 2 sausages all topped with a fried egg*

£15.70

### PEPPERCORN, STILTON OR DIANE SAUCE

£2.00 each

ALL ITEMS FROM THE GRILL ARE SERVED WITH CHIPS, GRILLED TOMATO, MUSHROOMS, ONION RINGS & PEAS.

PLEASE ASK YOUR SERVER IF YOU WOULD LIKE SOMETHING ELSE TO ACCOMPANY YOUR MEAL.

## From The Sea

### LUXURY CHUNKY FISH PIE

Chunky pieces of cod, smoked haddock & salmon combined in a cream, sauce with a hint of mustard & lemon zest. Topped with mashed potato & baked till golden.

£9.75

### PLAICE BERNADOTTE

A plaice fillet topped with prawns & mature cheddar cheese then grilled till golden

£13.15

### BREADED PLAICE

A fillet of plaice coated in a crispy crumb & deep fried till golden

£9.20

### WHOLE TAIL SCAMPI

Whole scampi coated in breadcrumbs and deep fried till golden brown

£8.05

### COD IN BATTER

A large piece of cod covered in our own IPA beer batter & deep fried

£9.50

### PAN FRIED HADDOCK & MASH

Two Haddock fillets with a lemon & pepper coating, pan fried & served resting on a bed of cheesy mash & mushy peas

£9.50

We cannot guarantee that all of our dishes are 100% free from nuts or their derivatives & our menu descriptions do not contain all ingredients, so please ask a member of our staff before ordering if you have any particular allergy or requirement.. All menu items are subject to availability. Prices include VAT at the current rate.

## Desserts

### **BREAD & BUTTER PUDDING**

*Served with either custard, cream or ice cream*

*£4.75*

### **SPOTTED DICK**

*Served with either custard, cream or ice cream*

*£4.75*

### **DUTCH APPLE & SULTANA LATTICE TART**

*A sweet pastry cased packed with apples, sultanas & cinnamon. Topped with a lattice lid. Served with either custard or cream*

*£4.75*

### **GINGERBREAD PUDDING WITH SYRUP SAUCE**

*Served with either custard, cream or ice cream*

*£4.75*

### **NOUGAT, CARAMEL & PEANUT LUMPY BUMPY**

*Chocolate sponge topped with white & dark chocolate mousses & finished with a melted snickers bar.*

*£4.75*

### **CHOCOLATE FONDANT**

*A light chocolate sponge with a soft centre. Served warm with a jug of double cream*

*£4.75*

### **ZESTY LEMON CURD CHEESECAKE**

*A digestive biscuit base topped with a traditional cheesecake mix folded with zesty lemon curd*

*£4.75*

### **CORNISH DAIRY ICE CREAM**

*A choice of vanilla, strawberry, chocolate or a scoop of all three*

*1 SCOOP*

*£1.30*

*2 SCOOPS*

*£2.30*

*3 SCOOPS*

*£3.30*

### **CHEESE & BISCUITS**

*CHEDDAR, BRIE & STILTON*

*£5.95*

### **TEA & COFFEE**

*£1.25*

### **LIQUEUR COFFEE**

*£3.50*

